



## ***BPR - Endurance Education Series High Performance Program Application***

This program has been designed to help a selected group of athletes who each meet the following criteria:

- Are committed to competing to the best of their abilities in an endurance event with a focus on long-term development.
- Have shown a pattern of consistent training in the past.
- Are willing to commit to a minimum of 2 years of focused training with a goal of competing at National, or International level events, culminating in an event of significance in 2011 (National Long Course Championships, Junior Nationals, World Championships etc.).
- Be willing to work with BPR staff on their continued development as athletes, and commit to attending a minimum of 4 EES week-end training/testing sessions through the winter of 2009/2010.
- The cost for this program is \$100/month. Revenue from this program will go directly to supporting the BPR High Performance Team for future travel and camp opportunities.

Previous Racing Success:

2010/2011 Athletic Goals:

- 1.
- 2.
- 3.

I, \_\_\_\_\_ (name), am applying for acceptance into the BPR – 2010 High Performance Endurance Education Series Program. By signing this application, I am committing to a long-term development plan, and a continued focus on athletic development.

\_\_\_\_\_ (signature)